

THE STUDENT ORGANIZATION CHRONICLES

CALIFORNIA NORTHSTATE UNIVERSITY
COLLEGE OF PHARMACY

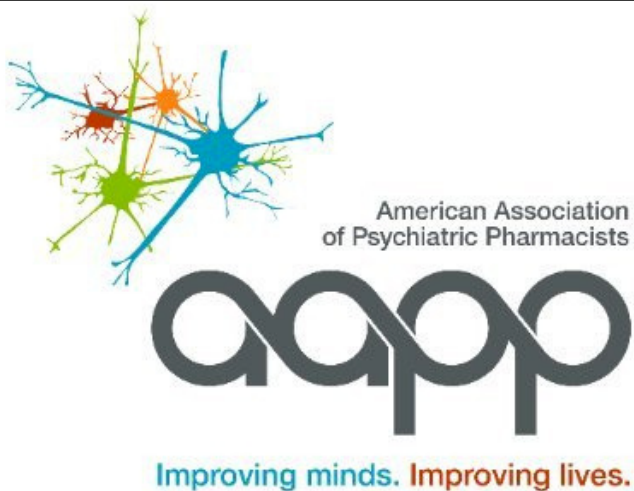


California Northstate University College of Pharmacy takes great pride in its variety of student organizations.

Through participation in organizations, our students gain leadership experience and are provided with the opportunity to serve their community and profession through the delivery of a variety of healthcare services in the Sacramento area. As a result of their commitment to the profession, our students have been recognized at the state, regional, and national level for their achievements!

Inside This Issue...

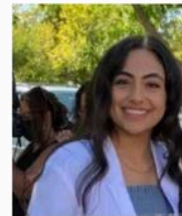
Meet our student organizations and learn about each of their accomplishments this past year and future initiatives!



2024-2025 Executive Board



President
Sarah Thuy Nguyen
Class of 2026



Vice President
Harleen Bahga
Class of 2026



Treasurer
Mariam Yilmaz
Class of 2026



Secretary
Karina Nagra
Class of 2026



Fundraising Chair
Ogechi Okorie
Class of 2026

The AAPP Foundation envisions a world where individuals with mental health disorders receive optimal care because psychiatric pharmacists are an essential member of the health care team

AAPP members volunteered at the Giant Pumpkin Festival to offer mental health awareness and resources, as well as blood pressure screenings to the community

NAPA STATE HOSPITAL EVENT

AAPP members attended an informational meeting where they discussed the various roles that pharmacists can play in the mental health field, such as providing medication therapy management, conducting medication reviews, and providing medication reconciliation services.



Mental Health First Aid Training



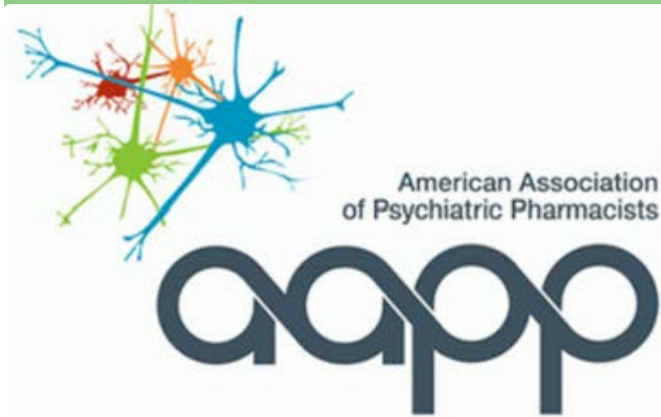
GIANT PUMPKIN FESTIVAL

MHFA training provided the knowledge and skills to pharmacy students on the job to recognize the common signs and symptoms of mental health challenges and substance use challenges. As future pharmacists, we may face mental health crises from patients coming to our pharmacy, and we would need to take a leading role in how to handle those situations

AMERICAN ASSOCIATION OF PSYCHIATRIC PHARMACISTS (AAPP)

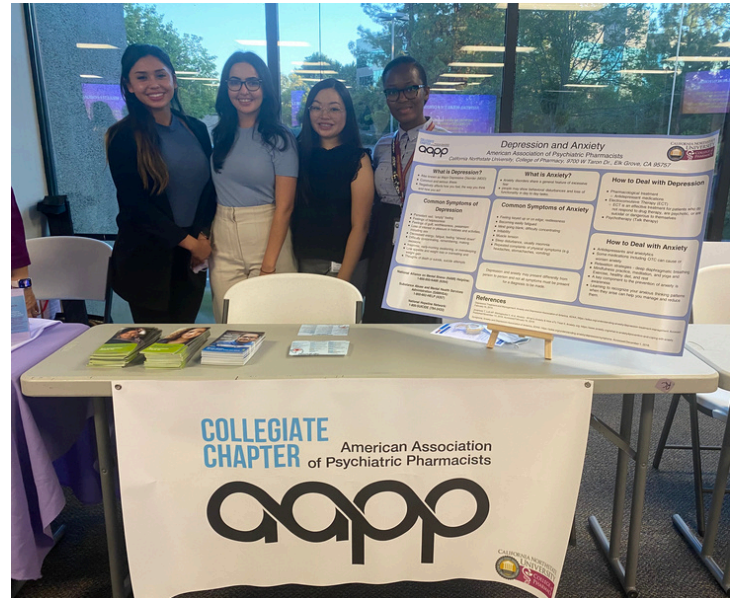
Former: College of Psychiatric and Neurologic Pharmacists (CPNP)

Faculty Advisor: Dr. Jason Wong



CELEBRANDO FESTIVAL

AAPP members volunteered at the Celebrando Festival to bring awareness to the signs and symptoms of depression and anxiety to the Hispanic community.



OCA MENTAL HEALTH FORUM

At the OCA health forum, where the Sacramento community gave personal speeches about mental health awareness, AAPP had the privilege to represent the CNU students and the importance of advocating for mental health.



SUICIDE PREVENTION AWARENESS DAY

AAPP gave students semi-colon henna tattoos to raise awareness for suicide prevention.

Mission Statement:

Our mission is to advance the reach and practice of psychiatric pharmacy and serve as the voice of the speciality.

Academy of Managed Care Pharmacy - International Society For Pharmacoeconomics and Outcomes Research (AMCP-ISPOR)

Faculty Advisor: Dr. Eugene Kreys



AMCP Mission - "To improve patient health by ensuring access to high-quality, cost-effective medications and other therapies."

ISPOR Mission - "To promote health economics and outcomes research excellence to improve decision making for health globally."



Pharmacy and Therapeutics Competition

AMCP-ISPOR holds one of the most challenging, yet rewarding competitions in pharmacy. Participants utilize their clinical knowledge with their understanding of managed care to determine whether or not the newest drug on the block deserves to be on their formulary!



Site Visits with Envolve and Blue Shield

Our members had the opportunity to visit two of the top managed care companies, meet their residents, residency directors, and more!



We hold not just one, but TWO roundtables a year - one with SSHP and one with IPHO. Showcasing the versatility of managed care, we offer opportunities for those interested in more traditional residencies and a path to fellowships and industry. Networking is the name of the game, and AMCP members are always the best!



RESIDENCY ROUNDTABLE

AMCP-ISPOR collaborated to host a residency roundtable featuring PGY1 residents who shared their experiences and addressed student questions. This event offered a valuable chance for students to gain insights and interact with current residents.



AMCP-ISPOR has the opportunity to learn from real-world managed care pharmacists in various roles. Workshops are held throughout the year to introduce concepts that are not taught in the traditional curriculum.

AMCP's E-Board 2024-2025

President:

Harleen Kaur (Class of 2026)

AMCP Vice President:

Harleen Bahga (Class of 2026)

ISPOR Vice President:

Karina Nagra (Class of 2026)

Secretary:

TBD

Publicist:

TBD

American Pharmacists Association - Academy of Student Pharmacists/ California Pharmacists Association (APhA-ASP/CPhA)

Faculty Advisor:

Dr. Shahanara Ahsan

(formerly Dr. Jennifer Courtney)



2023-2024 Executive Board



National Quiz Bowl Competition

APhA-ASP/CPhA members participated in the National Quiz Bowl at Western Pharmacy Exchange in Las Vegas



Celebrando Health Fair

Each year, APhA-ASP/CPhA holds multiple health fair events for our members to practice clinical skills. We do not only increase awareness of local, state, and national health services and resources, but also motivate participants to make positive health behavioral changes.

APhA's Mission:

"APhA achieves our Mission by:

- Advancing pharmacists' optimal roles in team-based, patient-centered care.
- Providing opportunities for professional development, recognition, differentiation, and leadership.
- Disseminating timely relevant information and state-of-the art tools and resources.
- Raising societal awareness about the role of pharmacists to optimize in patient care .
- Creating unique opportunities for members to connect and share with peers across practice settings."

CPhA's Mission:

"It is the mission of the California Pharmacists Association to promote the health of the public through the practice of pharmacy."



Giant Pumpkin Festival

APhA-ASP/CPhA collaborated with SVPhA and UOP to give our community education about hypertension and COVID-19.



Heart Walk

APhA-ASP/CPhA walked with SVPhA at the American Heart Association's Annual Heart Walk to support the initiatives of the American Heart Association.



Casino Night

We do not only hold professional events but also social events to help enhance your interactions with other colleagues in pharmacy.



Vivitrol Substance Use Disorder Training

APhA-ASP/CPhA gave student pharmacists an opportunity to learn how to administer Vivitrol. This training helped students learn how to reconstitute and give this medication to patients.

2024-2025 Executive Board

Co-Presidents: Randall Andres (*Class of 2026*) and Angelina Valenzuela (*Class of 2026*)

Co-President-Elects: Jerico Leynes (*Class of 2027*) and Neysa Goodwin (*Class of 2027*)

Membership Vice President: Angelina Valenzuela (*Class of 2026*)

Patient Care Vice President: TBA

Policy Vice President: TBA

CPhA Board of Director: Harleen Kaur (*Class of 2026*)

Communications Vice President: TBA

Operation Immunization/Women's Health Campaign Chair: Ogechi Okorie (*Class of 2026*)

Operation Substance Use Disorder Chair: Emmanuel Simon (*Class of 2026*)

Operation Heart and Diabetes Chair: My Trang Tiffany Nguyen (*Class of 2026*)

Operation OTC Chair: Abtin Anvari (*Class of 2027*)

Historian: TBA

Treasurer: Kyrsten Jenson (*Class of 2026*)

Fundraising Chair/Co-Treasurer: Amber Robinson (*Class of 2027*)



AMERICAN SOCIETY OF CONSULTANT PHARMACISTS (ASCP)

Faculty Advisor: Dr. Peter Tenerelli

The American Society of Consultant Pharmacists, also known as ASCP, is a membership association that represents pharmacists, health care professionals, and students serving the unique medication needs of older adults. We offer various resources tailored to senior care pharmacy.



FALL PREVENTION FAIR

ASCP members have the opportunity each year to volunteer at various health fairs, including the annual Fall Prevention Fair held by the ACC Senior Services in Sacramento. At this health fair, students have the privilege of performing brown bag medication reviews to the elderly community of Sacramento County. We also spread awareness of common medications that need to be used with caution in the geriatric population.

MISSION STATEMENT

Our mission is to promote healthy aging by empowering pharmacists with education, resources, and innovative opportunities, thereby improving the lives of older adults. We act to ensure our patients' medications are appropriate, effective, the safe, and used correctly. To do this, we identify, resolve, and prevent medication-related problems that may interfere with the goals of therapy.



*Empowering Pharmacists.
Transforming Aging.*



Empowering Pharmacists.
Transforming Aging.

Top 10 Medications To Use with Caution in the Elderly

Category	Generic Name	Brand Name	Image	Possible Complications ¹
Antidotes	Midazolam Pramoxine	Midazolam [®] Faldone [®]		<ul style="list-style-type: none"> Increased risk of gastrointestinal bleeding and gastric ulcer disease Potential to promote/lead to renal and/or liver failure Avoid chronic use unless other alternatives are not effective and patient can take agent for gastrointestinal protection (e.g., proton pump inhibitor) Further option would be Supofon (Sulfonamide), Heparin (Heparin), or Gabapentin Avoid use in doses greater than 1.5 mg/kg as higher doses may have no additional benefit and may increase the risk of toxicity
Diuretics	Glucocorticoids Chlorzoxiprone	Dexamethasone [®] Dexamethasone [®]		<ul style="list-style-type: none"> Increased risk for severe prolonged low blood sugar in elderly patients Never withdraw agent; if preferred, such as gabapentin or metoprolol
Muscle Relaxants	Cyclobenzaprine Mefenamic Acid Carbamazepine	Flexeril [®] Rufen [®] Rufen [®]		<ul style="list-style-type: none"> May cause over-sedation, weakness, constipation, dry mouth, difficulty with urination, and increased risk of falls May cause confusion in the elderly Not very effective
Antipsychotics	Haloperidol Risperidone Zaripin Zaripin	Haloperidol [®] Risperidone [®] Zaripin [®] Zaripin [®]		<ul style="list-style-type: none"> Increased risk of extrapyramidal effects, over-sedation, falls, fractures, and other accidents May cause or worsen confusion Do not use and low dose used in elderly or increase Dangerous when taken with alcohol
Anticholinergics	Amphetamine Meprobamate Trifluoperazine Chlorzoxiprone Chlorzoxiprone	Amphetamine [®] Meprobamate [®] Trifluoperazine [®] Chlorzoxiprone [®] Chlorzoxiprone [®]		<ul style="list-style-type: none"> May cause low blood pressure and decreased heart rate increasing risk of fainting, falls, and fractures May cause confusion in the elderly or over-sedation May cause constipation, blurry vision, dry mouth, confusion, or trouble with urination
Painkillers	Morphine	Omnipon [®]		<ul style="list-style-type: none"> May cause drowsiness or confusion May increase pain medications available
Over-the-Counter (OTC)	Diphenhydramine Chlorzoxiprone	Benzyl [®] Albar [®] , Chlorzoxiprone [®]		<ul style="list-style-type: none"> May cause constipation, blurry vision, dry mouth, confusion, or trouble with urination Not effective as long-term sleep aid
Antidepressants	Imipramine Nortriptyline Citalopram	Imipramine [®] Nortriptyline [®] Citalopram [®]		<ul style="list-style-type: none"> May increase risk of stroke or pneumonia May increase confusion May cause low blood pressure and decreased heart rate increasing risk of fainting, falls, and fractures May cause constipation, blurry vision, dry mouth, confusion, or trouble with urination May increase drowsiness Linked to breast and endometrial cancers, and formation of blood clots Linked to dementia
Monoclonal Antibody	Enbryon (Rituximab)	Enbryon [®]		



PAST EVENTS

Patient Consultation Workshops
Giant Pumpkin Festival
Celebrando Health Fair
Antihistamine and Prescribing to Elderly
Specializations in Pharmacy Webinar

EXECUTIVE BOARD 2024-2025

President: Giang "Tracy" Tran (Class of 2026)
Vice President: My Trang Tiffany Nguyen (Class of 2026)
Secretary: Justin Roh (Class of 2026)
Treasurer: Nicholas Zweifel (Class of 2026)
Community Outreach Chair: Randall Andres (Class of 2026)
Event Coordinator: Theresa Xiong (Class of 2026)
Historian: Angela "Angelita" Osorio (Class of 2026)

CALIFORNIA NORTHSTATE UNIVERSITY - CANCER AWARENESS, RESEARCH, AND EDUCATION SOCIETY (CNU-CARES)

Faculty Advisor: Dr. Ruth Vinall

Giant Pumpkin Festival Health Fair

The Giant Pumpkin Festival in Elk Grove Park is one of several opportunities CNU-CARES members can volunteer for and help educate the community about various topics in the healthcare field. Pictured to the right are CNU-CARES members, who volunteered for the Giant Pumpkin Festival Fall of 2023, and promoted the health of the community through different health screenings.



Past Event

Making Strides against Breast Cancer is an annual event that students and staff can participate in by donating to the American Cancer Society and/or walking with fellow CNU students and staff members.



Mission Statement:

CNU-CARES, serving California Northstate University College of Pharmacy, is committed to providing culturally and linguistically appropriate health care services that focus on preventative care education, cancer awareness, referral for screenings, and social support for the underserved communities.

CNU-CARES



Annual Cancer Symposium

The Annual Cancer Symposium is the largest annual event hosted by CNU-CARES. The symposium seeks to recognize and bring awareness to different types of cancers to the community. In the previous academic year, we focused on Oral cancer and invited our Dean Dr. Xiaodong Xavier Feng to share about what oncology is all about. We also had a story shared with us about a patient who survived oral cancer. The patient was not able to make so Ghofran Mohsen spoke on their behalf.

Executive Board 2023-24



Club Day



Visit us during Club Day, at the start of the school year to learn more about the organization and how to join!



2024 - 2025 Executive Board

President: John Biundo (*Class of 2026*)

President-Elect: TBD

Treasurer: Hieu Huynh (*Class of 2026*)

Secretary: TBD

Publicist: Ogechi Okorie (*Class of 2026*)

Event Coordinator: TBD

Grant & Research Co-Chair: Sang Vuong (*Class of 2026*) & Angelina Valenzuela (*Class of 2026*)



CHRISTIAN PHARMACIST FELLOWSHIP INTERNATIONAL (CPFI)

Faculty Advisor: Dr. Hongbin Wang



Serving Christ and the World
Through Pharmacy

Mission and Vision

Christian Pharmacists Fellowship International (CPFI) is a worldwide ministry of individuals working in all areas of pharmaceutical service and practice. Our mission is to serve Christ and the world through pharmacy.

"And went to him, and bound up his wounds, pouring in oil and wine, and set him on his own beast, and brought him to an inn, and took care of him." - Luke 10:34



Christian Pharmacists
Fellowship International

Core Values

- Provide Godly encouragement and fellowship among like-minded professionals
- Challenge and promote spiritual growth of members
- Advance student chapter ministries to strengthen and equip student pharmacists
- Encourage the advancement of knowledge and ethics in practice
- Promote evangelism and the integration of faith into practice
- Provide support and opportunities for Christian service and outreach

Weekly Bible Studies



Club Day



Health Fairs



2024-2025 E-Board

To be announced

Every year, around October, CPFI students participate in the Giant Pumpkin Festival in Elk Grove, CA and the Celebrando Health Fair in Sacramento, CA. This past year, our students served the local community by providing patients with information about smoking cessation and poison control.



Operation Christmas Child



Christian Pharmacist Fellowship International (CPFI) partners with Samaritan's Purse annually for Operation Christmas Child (OCC). The mission of Operation Christmas Child is to provide God's love in a tangible way to children in need around the world, and together with the local church worldwide, to share the Good News of Jesus Christ. CPFI gives back to different communities by collecting gift shoe boxes for international distribution to those in need.

"Bless the Lord, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases;..." - Psalm 103:2-3

INDUSTRY PHARMACIST ORGANIZATION (IPhO)

Faculty Advisors:

Dr. Linh Ho

Dr. Tibebe Woldemariam

IPhO E-Board 2023-2024



Mission Statement

The Industry Pharmacists Organization is exclusively dedicated to advancing the careers of industry pharmacists by:

- Providing timely and relevant information that is vital to our members.
- Raising awareness among employers and industry executives about the role that industry pharmacists can play in drug development and appropriate medication use.
- Providing targeted resources and coaching to enhance members' continuing education and professional development.
- Creating opportunities for members to network and exchange ideas with their industry pharmacist peers.
- Providing access to attractive and relevant employment opportunities available in the industry.



Club Day 2023



Stop by our booth on Club Day at the beginning of the school year to learn more about IPhO and how to join.

Guest Speakers



- Our chapter brings various speakers with unique roles within industry to our campus so that our students can network and learn about job prospects and pathways.
- Companies from this past year included: Teva, Rutgers, and Amgen.

"We strive to provide our students with the opportunity to enhance and deepen their understanding regarding career paths available within pharmaceutical industry."

INDUSTRY PHARMACIST ORGANIZATION

What's new:

Look out for these events as well as **site visits** to drug companies in the coming year! If interested, contact us at ipho.cnu@gmail.com

Community Service



- IPhO participated in the Giant Pumpkin Festival and Celebrando Health Fair in the past year.
- Get involved with helping the community with us!

IPhO x AMCP Roundtable



- Each year IPhO and AMCP collaborate and bring speakers from both industries to meet our students.
- You do not want to miss this networking opportunity!

National VIP Competition



*2nd Place in 2022

• National VIP Competition

- Each year CNUCOP competes against pharmacy schools nationwide in this competition.
- Individual teams take a new molecular entity through the drug development process.
- Key functional areas include: clinical development, regulatory affairs, medical affairs, and marketing/commercial.

• Local VIP Competition

- Each year our chapter takes the national competition and brings it to our students so that our students can have the same opportunity.

2024-2025 Executive Board

President: Denisha Mani (Class of 2026)

President-Elect: TBD

Vice President: Adilene Aguilar (Class of 2026)

Director of Communications: Kyrsten Jenson (Class of 2026)

Director of Social Media & Marketing: Phuong Ho (Class of 2027)

Director Finances & Fundraising: Karina Nagra (Class of 2026)

Director of National Engagement: TBD

KAPPA PSI (KY)

Faculty Advisor: Dr. Shahanara Ahsan



One for All and All for One

THE OLDEST PHARMACEUTICAL FRATERNITY



PACIFIC WEST PROVINCE

CALIFORNIA - ARIZONA - NEVADA - HAWAII

Annual Charity Golf Tournament

Every year, the Brothers of Kappa Psi host a charity golf tournament where the proceeds go to a beneficiary dedicated to serving the community and bettering the lives of others. This past year, we partnered with Albie Aware, a breast cancer foundation serving the greater Sacramento area. Its mission is to provide assistance for life-saving diagnostic testing, patient advocacy, prevention, education, and compassionate support to local individuals facing or fighting breast cancer. In addition to helping a beneficiary, the golf tournament provides students a great opportunity to network with pharmacists and business owners in the local area.

Pacific West Provinces

Twice a year, the brothers of Kappa Psi come together for a province gathering, where we unite with brothers from diverse schools. This exceptional event provides us with a wonderful chance to network and witness the incredible accomplishments of fellow brothers who hold amazing jobs and excel in their pharmacy profession. Moreover, we take pride in showcasing the impactful contributions we make to our community and the dedication we pour into advancing the pharmacy field. It's a time of celebration and camaraderie, as we collectively strive to elevate the profession of pharmacy and make a positive difference in the world.



KΨ
Pharmaceutical Fraternity, Inc.

"Our goal is to develop leaders engaged in advancing the profession of pharmacy through community outreach, academic excellence, and professional development."

KAPPA PSI

Epsilon Iota Chapter
Est. 2009



*Fellowship. Industry.
Sobriety. High Ideals.*

Kappa Psi understands the importance of giving back to the local community. Through our national philanthropy, *Reach Out and Read*, we organize an annual book drive dedicated to providing books for pediatric check-ups to foster proper growth and development.

Over the course of the year, our Brothers provided flu shots and education at several community events such as the Giant Pumpkin Festival, East & West Health Fair, Mandarin Festival, and more.

Additionally, we also held a Professional Clothing Drive to help create job opportunities for those less fortunate. No matter the cause, Kappa Psi is always there to deliver.



Executive Board 2024-2025

President: Loi Quach (Class of 2026)

Vice President: Tina Vuong (Class of 2026)

Treasurer:

Secretary:

Historian:



@KAPPAPSIEPSILONIOTA // STAY CONNECTED

NATIONAL COMMUNITY PHARMACISTS ASSOCIATION (NCPA)

Faculty Advisor: Dr. Victor Phan

The California Northstate University chapter of National Community Pharmacists Association focuses on

Community Service

Networking

Professionalism



Club Day

Although the national organization of NCPA focuses on independent pharmacy and business operations, the CNU chapter of NCPA heavily focuses on the impact the pharmacy profession can have in the community setting. Visit with us during Club Day to learn more about what opportunities we provide!



The National Community Pharmacists Association was founded in 1898. The organization is dedicated to the continuing growth and prosperity of independent community pharmacy in the United States. NCPA is the voice for independent pharmacy, representing pharmacies nationwide.

Our Mission

"Our goal is to provide students with opportunities to practice their skills in the community and to introduce them to the different fields of pharmacy."



NCPA MAJOR EVENTS

NCPA is renowned for collaborating with major distributive companies such as AmeriSource Bergen and McKesson to allow students to tour their facilities. Students watch machines in action and learn about how drugs are distributed to pharmacies around the world.

AmeriSource Bergen Tour



McKesson Tour



Specialty Careers Connect

In order to introduce students to the variety of pharmacy professions available, NCPA hosts an annual networking event where students have dinner with pharmacists from different specialties such as: independent pharmacy, poison control, the Board of Pharmacy, nuclear pharmacy, long-term care, and more. This allows students to network and expand their horizons in the profession of pharmacy.



2024 -2025

Executive Board Members



Taiba Ali
NCPA Co-President



Angie Verma
NCPA Co-President



Fatat Alzahrawi
NCPA Historian



Ariana Garcia
Vice President

PHI DELTA CHI (PDC)

Faculty Advisors:
Dr. Justin Lenhard
Dr. Victor Phan



TOP 200 CHALLENGE

This annual event provides students the opportunity to compete in a fun and comprehensive challenge that tests their knowledge of the brand, generic, and indication of the Top 200 drugs.



CV/RESUME & IPPE WORKSHOPS

Through organizing and hosting the CV/resume and IPPE preparedness workshops, the Brothers of Phi Delta Chi were able to help our fellow students further develop key aspects of their professional careers.

*Alterum Alterius Auxilio Eget
Each Needs the Help of the Other*

PHI DELTA CHI CONFERENCES

- **Pacific Regionals**
 - Regional conferences provide an opportunity for Phi Delta Chi Brothers to meet with multiple Phi Delta Chi Chapters. Brothers are given the opportunity to sample the offerings of Phi Delta Chi as a national organization, including leadership training, officer training, and brotherhood.
- **Grand Council**
 - This conference brings Brothers from nearly all 50 states to conduct our fraternal business meeting as well as provide an opportunity to further develop Phi Delta Chi Brothers as Leaders in Pharmacy.
- **Leader Development Seminar**
 - Phi Delta Chi offers a week dedicated to develop and strengthen the leadership skills of its Brothers.



PHI DELTA CHI®



For Life.

Our Mission:

*To provide a lifelong home for pharmacy professionals
inspiring Brotherhood, Leadership, Service, and
Scholarship*

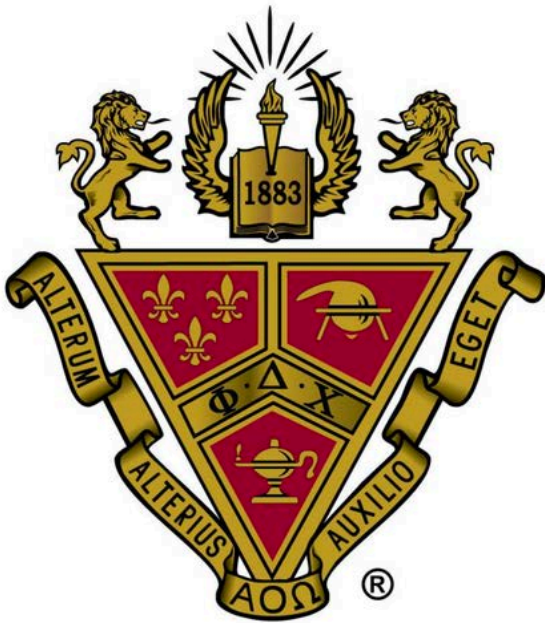
PHI DELTA CHI GAMMA IOTA CHAPTER

SERVICE TO THE COMMUNITY

The Brothers of Phi Delta Chi understand that working towards our goal of becoming health professionals and leaders in pharmacy to make a difference in patients' lives is something that is cultivated throughout our time in pharmacy school. Therefore, our Brothers are always eager for opportunities to help serve those in our community.



Phi Delta Chi works with Habitat for Humanity and Sacramento Food Bank and makes annual donations to St. Jude Children's Hospital every year. Our Brothers have also participated in health fairs such as Celebrando Health Fair, Hmong Health Alliance Health Fair, Aloha Festival, Giant Pumpkin Festival, East-West Health Fair, Tet Festival, & Mandarin Festival.



2024-2025 EXECUTIVE BOARD

Worthy Chief Counselor: Anaelle Dumatol (*Class of 2026*)

Worthy Vice Counselor: Nick Paolini (*Class of 2027*)

Worthy Keeper of Finance: Harleen Kaur (*Class of 2026*)

Worthy Prelate: Shreeya Patel (*Class of 2027*)

PHI LAMBDA SIGMA (PLS)

Faculty Advisor: Dr. Olivia Phung



2024 Induction Ceremony

Phi Lambda Sigma, also known as the National Pharmacy Leadership Society, at California Northstate University College of Pharmacy inducted 17 new members this past Spring.

Phi Lambda Sigma recognizes those who are actively involved in advancing the profession of pharmacy through dedicated service and leadership.



PHI LAMBDA SIGMA
PHARMACY LEADERSHIP SOCIETY

Our Purpose

To promote the development of leadership qualities, especially among pharmacy students.

"Empowering lifelong leader in the profession of pharmacy since 1965"

2024 Newly Inducted Members

Dr. Linh Ho (Faculty)

Avneet Kaur Toor (Class of 2025)

Hang Gao (Class of 2025)

Mardina Samaan (Class of 2025)

Nita Vue (Class of 2025)

Noora Khalaf (Class of 2025)

Pedram Tabrizi (Class of 2025)

Adilene Aguilar (Class of 2026)

Anaelle Dumatol (Class of 2026)

Cliff Ly (Class of 2026)

Denisha Mani (Class of 2026)

John Biundo (Class of 2026)

Loi Quach (Class of 2026)

Randall Andres (Class of 2026)

Sang Vuong (Class of 2026)

Theresa Xiong (Class of 2026)

Tina Vuong (Class of 2026)

Tracy Tran (Class of 2026)



Post-Graduation Opportunities

CNU alumni, Dr. Jennifer Courtney, hosted an event highlighting ways students can continue participating in organizations post-graduation. The presentation promoted student involvement in organizations and the importance of leadership in the profession.

PHI LAMBDA SIGMA

Pharmacy Leadership Society

Epsilon Epsilon Chapter



Previous Events

Producing an Effective Journal Club
presentation by Dr. Matt Horton

Applying to Residencies and Fellowships
with California Northstate University College of Pharmacy's
Rho Chi Chapter

Never Too Late to Begin Taking on Leadership Roles
by Dr. Peter Tenerell

Student Leader of the Month Award
by peer recognition nominations



Executive Board 2024-2025

President: Adilene Aguilar (Class of 2026)

Vice President: Tina Vuong (Class of 2026)

Secretary: Loi Quach (Class of 2026)

Historian: Sang Vuong (Class of 2026)

Treasurer: John Biundo (Class of 2026)

 @PLS.CNU // **STAY CONNECTED**



RHO CHI SOCIETY (PX)

Faculty Advisors:
Dr. Peter Tenerelli
Dr. Olivia Phung



The Rho Chi Insignia

The **Greek letters**, "Rho" and "Chi," were originally selected because, when placed in the relative position in which they are found on the Rho Chi Key, they are emblematic of the prescription sign.

The **colors** attached to the seal of membership were chosen to indicate the royalty of purple and the loyalty of white.

The **octagonal key** has sides that now represent chemistry, biology, physiology, pharmaceuticals, pharmacology, and the biomedical, social/administrative, and clinical sciences. This key represents the use of medication in health care.

How to Be a Rho Chi Member

- GPA \geq 3.0 AND Top 15% of class for P2 (the remaining 5% for a total of top 20% will be inducted P3 year)
- Eligible after P2 Fall semester
- Initiation in the P2 Spring semester



Our Mission:

As the academic honor society in pharmacy, the Rho Chi Society:

- *Encourages and recognizes intellectual achievement*
- *Stimulates critical inquiry to advance pharmacy*
- *Contributes to the development of intellectual leaders*
- *Promotes highest ethical standards and fosters collaboration*

Our Vision:

Rho Chi is an international honor society for pharmaceutical sciences, with the mission to "encourage high scholastic achievement and fellowship among students in pharmacy and to promote the pharmaceutical sciences". Rho Chi Society seeks to advance pharmacy through sustained intellectual leadership.



Benefits of Rho Chi

- Attendance at meetings:
 - APhA Annual Meeting (networking, voting on issues)
 - Rho Chi Distinguished Lecturer Award
- Graduate Scholarships
- Fellowship Award (one annually through American Foundation of Pharmaceutical Education)
- Clinical Research Scholarship
- Chapter Recognition
 - By Chapter and by members



2023-2024 Executive Board

P4 Co-President:

Jashandeep Kaur (Class of 2025)

P3 Co-President:

My Trang Tiffany Nguyen (Class of 2026)

Vice President:

Giang Tran (Class of 2026)

Secretary:

Theresa See Xiong (Class of 2026)

Treasurer:

Kaitlin Moore (Class of 2026)

Historian:

Ogechi Okorie (Class of 2026)

2024 Newly Inducted Members

Nancy Luong (Class of 2025)
Dania Rayyan (Class of 2025)
Katalina Vue (Class of 2025)
Jaskaran Aulakh (Class of 2025)
Anaelle Gueco Dumatol (Class of 2026)
Hieu Huynh (Class of 2026)
Kaitlin Moore (Class of 2026)
My Trang Tiffany Nguyen (Class of 2026)
Ogechi Okorie (Class of 2026)
Giang Tran (Class of 2026)
Sang Vuong (Class of 2026)
Theresa See Xiong (Class of 2026)



STUDENT BODY COUNCIL (SBC)

Faculty Advisors:

Dr. Tiffany-Jade Kreys

Dean Xiaodong Feng

Club Day



Students are invited to explore the different clubs offered on campus, which assist them in determining which organizations will aid them in obtaining their goals as future pharmacists. This event also provides the opportunity for new students to mingle with one another and meet upperclassmen.

Fairs and Festivals



COP students collaborate to provide healthcare services such as, poison control information, diabetes education, vaccination education, blood pressure screenings, blood glucose screening, and more to the Elk Grove community.

Mission Statement

It is the mission of the Student Body Council to serve the students of CNU by cultivating an environment for professional growth and excellence. To execute this mission, the Student Body Council will serve as a key mediator between the student body, the university, and the university's student organizations by promoting the university's mission, in addition to fostering professionalism, mentorship, and unity among our colleagues.

Mentor-Mentee Program



Through our Mentor-Mentee program, participating students are assigned an upperclassman mentor based on common interests to help them get advice, find out more about the school and its extracurriculars, as they transition to and navigate through the pharmacy program.

Spring Bash



Students in the COP and COM programs gathered together to have fun and form community before finals at Elk Grove Regional Park. Inter-college programming is important to our community.



Professionalism, Responsibility, and Involvement in Dedication to Excellence (P.R.I.D.E) Program

P.R.I.D.E is a partnership of students, faculty, and administration, which recognizes professionalism and excellence. The PRIDE Program provides students the opportunity to grow as pharmacy professionals and participate as good citizens in the College and community. Students that complete the P.R.I.D.E Program are recognized by the College for their professionalism and service.

Student Body Council 2024-2025

President: Anaelle Dumatol

President-Elect: Haseeb Afrasyab

Vice President: Jackie Ngo

Event Coordinator: John Biundo

Co-Publicist: Adilene Aguilar

Co-Publicist: Angelina Valenzuela

Fundraising Chair: Denisha Mani

Treasurer: Taiba Ali

Historian: Ariana Garcia

P3 Co-President: Nicholas Zweifel

P3 Co-President: Giang Tran

P2 Co-President: Neysa Goodwin

P2 Co-President: Vivienne Diep



STUDENT COLLEGE OF CLINICAL PHARMACY (SCCP)

Faculty Advisor: Dr. Tony Eid

SCCP E-Board 2023-2024



Club Day 2023

Residency Roundtable

Hosted in conjunction with AMCP and SSHP, the annual Residency Roundtable held in the fall semester served as an opportunity for students to gain valuable insight into the different types of residency programs available post-graduation. The event hosted residency directors and current residents from various programs in the Greater Sacramento area to speak to CNUCOP students about topics such as program expectations, requirements, and first-hand experiences. Students attending were able to gain a more in-depth understanding of the participating residency programs, as well as directly ask any questions they might have.

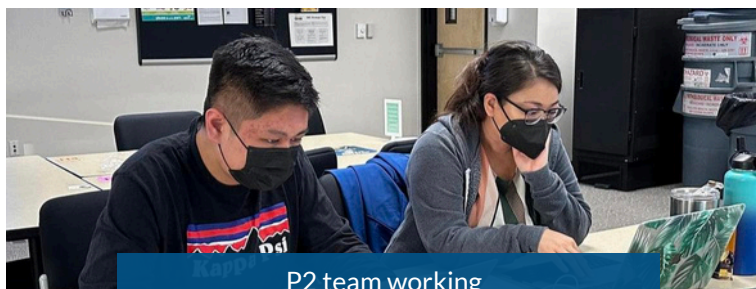


SOAP Note Competitions

Held several times throughout the academic school year, the SCCP SOAP Note Competitions granted students the chance to test their clinical knowledge and skills. Participants were presented with a patient case and drew upon their clinical knowledge, derived from their didactic courses, as well as utilized online databases and guideline references, to critically assess a patient file. Through participating in such competitions, students were able to integrate many of the same resources regularly employed by practicing pharmacists in order to formulate a treatment plan based on their clinical judgment.



Two P3 teams working on their SOAP notes



P2 team working on their SOAP notes

Mission

As the Student Chapter of ACCP (American College of Clinical Pharmacy), SCCP adopts the same dedication to "excellence in clinical pharmacy practice, research, and education." Through the various events we host, our mission is to help orient students to the practice of clinical pharmacy by providing information on careers and opportunities within the field, encouraging the development of skills necessary in an interdisciplinary setting, and overall advocating for the role of clinical pharmacists within healthcare.

SCCP

STUDENT COLLEGE OF CLINICAL PHARMACY

Clinical Pharmacy Challenge (Local)

The local SCCP Clinical Pharmacy Challenge is an individual competition held at the end of the spring semester. Students have the opportunity to apply their didactic knowledge to clinical topic questions. The top three winners of the local competition will subsequently form a team and proceed to compete in a maximum of three possible successive rounds against other school chapters on a national level.



Student Competitors of the SCCP Clinical Pharmacy Challenge

Clinical Research Challenge (Local)

The Clinical Research Challenge is a team-based competition that tests students' ability to critically evaluate and apply primary drug literature. SCCP held our local, school-level competition, at the beginning of the spring semester in the form of a multiple-choice exam. The winners of a previous competition (pictured below) subsequently proceeded to compete in a maximum of three possible successive rounds against other school chapters on a national level.



Winners of the SCCP Clinical Research Challenge

Shadowing at Beale Air Force Base

Members of SCCP had the amazing opportunity to visit Beale Air Force Base and shadow our very own faculty advisor, Dr. Tony Eid! By shadowing Dr. Eid, students had the opportunity to witness real-life application of information from our pharmacotherapy courses and curriculum taught by Dr. Eid, as well as our longitudinal lab practicum course. Students were also able to see how pharmacists play a role in an Air Force setting.

Health Fairs

SCCP has participated in many health fairs throughout the years, including Celebrando, the East-West Health Fair, and the Mountain Mandarin Festival. Students who volunteered at these events had the opportunity to provide patients with blood glucose screenings, EpiPen administration education, flu vaccinations, and other health services!



Students at Celebrando providing blood glucose & blood pressure screenings



Students at Sacramento Hmong New Year providing blood glucose screening

2024-2025 Executive Board

President: Theresa Xiong (Class of 2026)

President-Elect: Neysa Goodwin (Class of 2027)

Vice President: Harleen Kaur Bahga (Class of 2026)

Treasurer: Nghi Tong (Class of 2027)

Secretary: Emily Lee (Class of 2026)

Historian: Alyssa Vang (Class of 2026)

Director of Clinical Affairs: Cliff Ly (Class of 2026)

STUDENT NATIONAL PHARMACEUTICAL ASSOCIATION (SNPhA)

Faculty Advisor:
Dr. Justin Lenhard

2023-2024 Executive Board

President: Reba Mathew (*Class of 2025*)

President-Elect: Kaitlin Moore (*Class of 2026*)

Vice President: Angelina Valenzuela (*Class of 2026*)

Secretary: Timar Amanuel (*Class of 2025*)

Treasurer: Dania Rayyan (*Class of 2025*)

Historian: Thu Vo (*Class of 2025*)

Giant Pumpkin Festival & Celebrando Health Fair

One of the main drivers of SNPhA is to provide services to our community. These services include blood drives, health education and awareness, and screenings at health fairs. In 2023, our members attended the Giant Pumpkin Festival and Celebrando Health Fair where they provided blood pressure screening and education to the underserved population in the local Elk Grove and Sacramento communities.



Mission

As an extension of NPhA (National Pharmaceutical Association), SNPhA is an educational service association of pharmacy students that seeks to plan, organize, coordinate, and execute programs geared towards the improvement of the health, educational, and social environment of minority communities. Our mission is to help serve the underserved.

STUDENT NATIONAL PHARMACEUTICAL ASSOCIATION (SNPhA)

Clinica Tepatí

Every month, SNPhA members get the opportunity to volunteer at Clinica Tepatí where we work alongside fellow pharmacy students, pharmacists within the community, CNU College of Medicine students, UC Davis medical students, nursing students, undergraduates and physicians in providing care to the underserved/undocumented latino community in Sacramento. Some of the duties include: conducting patient visits for medication refills, seeing patients alongside the various medical students, providing recommendations and consultations to patients and/or other medical students and writing SOAP notes. Clinica Tepatí provides a unique opportunity to help sharpen our members' clinical skills, enhance interprofessional communication abilities, practice presenting patient cases to the preceptor as well as provide evidence based recommendations.

Club Day 2023



Our Initiatives

Project Keepsake Chronic Kidney Disease



MENTAL * HEALTH



2024-2025 Executive Board

President: Kaitlin Moore (*Class of 2026*)

President-Elect: TBA

Vice President: Angelina Valenzuela (*Class of 2026*)

Secretary: TBA

Treasurer: My Trang Tiffany Nguyen (*Class of 2026*)

Historian: TBA

STUDENT SOCIETY OF HEALTH-SYSTEM PHARMACISTS (SSHP)

Faculty Advisor: Dr. Welly Mente

Mission

To Represent and Empower Student Pharmacists Practicing in Health-Systems to Promote Wellness, Patient Safety and Optimal Use of Medications.

Vision

Pharmacists are Recognized as Leaders in Wellness, Patient Safety and the Optimal Use of Medications.



2022-2023 SSHP Executive Board

Three-Part Residency Series

Part 1: Residency 101 information session.

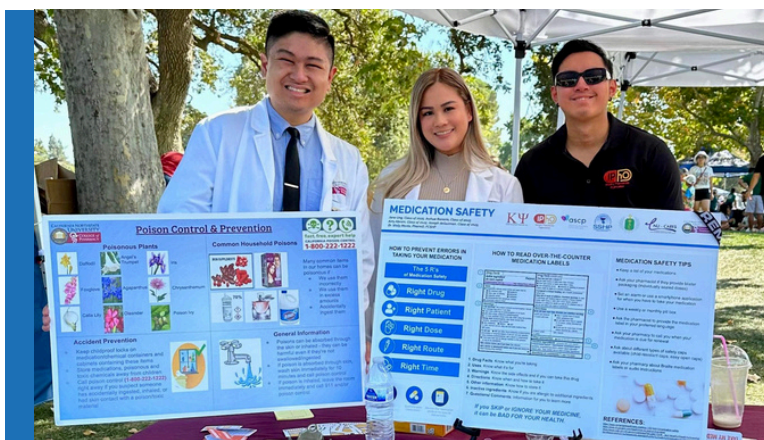
We invite recent graduates from CNU completing PGY-1 residencies and faculty members who have completed residencies in the past. The contents of the presentation include information about residency programs, stories on life as a resident, and a Q&A session.

Part 2: Skills-based workshop on the residency application process.

We invite speakers from a local medical center to speak about choosing between different residency programs and navigating the application process.

Part 3: Annual Residency Roundtable.

Attendees spend the evening networking with residents and pharmacy directors from many local pharmacy residency programs.



STUDENT SOCIETY OF HEALTH-SYSTEM PHARMACISTS (SSHP)

Respiratory Health Initiative

Our student chapter sets-up health fairs in collaboration with Breathe CA – Sacramento, a nonprofit organization under Kaiser Permanente.

We provide volunteer services around the Elk Grove and Sacramento area, many of them being at senior and assisted living homes. Some services that we provide are spirometry, glucose screenings, peak flow readings, blood pressure screenings, education, and more.

Clinical Skills Competition

Each year, SSHP hosts a team-based competition where students are given a clinical case to analyze.



This competition gives pharmacy students the opportunity to strengthen their skills in collaborative practice with physicians in providing patient care.

The winning team in the local competition will have the chance to compete in the ASHP National Clinical Skills Competition.



CSHP Mentorship Program



Students from CNU and UOP are matched with health-system pharmacists from CSHP Sacramento Valley for guidance in CV review, interview practice, and professional development.

Poison Control Initiative



Focusing on the prevention of poisoning and public safety, we hold educational activities such as specialization webinars and a tour of the Poison Control Center in Sacramento.

Executive Board 2024-2025

President: Tina Vuong (*Class of 2026*)

President-Elect: Haseeb Afrasyab (*Class of 2027*)

Vice President: Loi Quach (*Class of 2026*)

Treasurer: Loi Quach (*Class of 2026*)

Secretary: TBD

Director of Medication Safety: Patrick Moreno (*Class of 2027*)

Director of Vial of Life: Kiran Kaur (*Class of 2026*)

Director of Respiratory Health: Anaelle Dumatol (*Class of 2026*)



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PHARMACY